

AUCKLAND REGIONAL PSYCHIATRIC REGISTRAR TRAINING
Mandatory Expenses and Reimbursed Texts
(nationally agreed training expenses list, updated Sept 2017)

This list represents basic requirements. It is not intended to limit the scope of your reading in any way.

Refers to the most recent editions of any of the texts, but only one edition is reimbursed - i.e. if a trainee had an older edition reimbursed they cannot ask for a newer version as well, 5 years later. If an identical paperback version/edition is available, this is to be purchased instead of the more costly hardback. Amazon or Fishpond are good sources, or try Medical Books in Auckland.

NAME OF TEXT	Notes
1(a) Companion to Psychiatric Studies Edited by Eve Johnston, Stephen Lawrie and David Owens Pub: Churchill Livingstone (well-recommended and more readable than the K&S "Synopsis")	Good initial (more manageable) text for 1 st years – either is fine
1(b) Synopsis of Psychiatry Kaplan & Sadock; Lippincott Williams & Wilkins Publishers	Good initial (more manageable) text for 1 st years – either is fine
2(a) New Oxford Textbook of Psychiatry Edited by: Michael G. Gelder, Juan Jose Lopez-Ibor, Nancy C. Andreasen Oxford University Press (Paperback)	Much more comprehensive texts for later in training – just get one or the other
2(b) Comprehensive Textbook of Psychiatry (2 vols) Kaplan & Sadock; Pub Lippincott Williams & Wilkins	Much more comprehensive texts for later in training – just get one or the other
3(a) Psychiatric Interviewing and Assessment Rob Poole and Robert Higgs, Pub. Cambridge	Essential assessment texts – suggest you get them both
3(b) Psychiatric Interviewing: The Art of Understanding: A Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and Other Mental Health Professionals (with online video modules) by Shawn Christopher Shea MD (Pub Elsevier)	Essential assessment texts – suggest you get them both
4(a) The Psychiatric Mental Status Examination Paula T. Trzepacz & Robert W. Baker; Pub OUP	Both are good – this one's a bit more accessible for 1 st years. Suggest you get both at some point pre-exam
4(b) Symptoms in the Mind: an Introduction to Descriptive Psychopathology Andrew Sims (Pub W B Saunders)	Both are good – suggest you get both at some point pre-exam.
5 Cognitive Assessment for Clinicians JR Hodges, Oxford University Press	Essential assessment text
6(a) Diagnostic & Statistical Manual of Mental Disorders IV [APA Press]	Essential diagnostic manual – IV is the version in current use
6(b) Diagnostic & Statistical Manual of Mental Disorders V [APA Press]	Essential diagnostic manual – V (revision) will come into use in near future
7 Management of Mental Disorders Andrews, Dean, Genderson et al. [CreateSpace Independent Publishing Platform]	Essential text about management
8(a) Lishman's Organic Psychiatry: A Textbook of Neuropsychiatry By Anthony David, Simon Fleminger, Michael Kopelman, Simon Lovestone, [Pub. Wiley-Blackwell]	Core organic psychiatry text – either of these is fine
8(b) APA Textbook of Neuropsychiatry [APA Press]	Core organic psychiatry text – either of these is fine
9 An Introduction to the Psychotherapies S Bloch – Oxford University Press	A good overview of the psychotherapies

10 Long-Term Psychodynamic Psychotherapy: A Basic Text Excellent “how to” explanatory book about actually doing psychotherapy) by Glen Gabbard, American Psychiatric Publishing, Inc.	This is vital to read before starting your long case with a patient (<i>may not be on the reimbursed list, but not expensive</i>)
10(b) The Little Psychotherapy Book (Allan G.Frankland) Pub. Oxford	Very useful basic text to grasp Object Relations for Cases (<i>may not be reimbursable, but very cheap, esp. as kindle</i>)
11(a) Psychodynamic Psychiatry in Clinical Practice (links psychological understandings to usual clinical work) Glen Gabbard, American Psychiatric Press	Excellent, and comprehensive.
11(b) Oxford textbook of Psychotherapy (G Gabbard, J Beck, J Holmes)	Core psychotherapy text
11(c) Individual Psychotherapy and the Science of Psychodynamics David H Malan	A more advanced text
12(a) Cognitive Behavior Therapy for Psychiatric problems: A Practical Guide - (Oxford Medical Publicatns) by Hawton, Salkovskis, Kirk & Clark	Core CBT text
12(b) Cognitive Behavior Therapy: Basics and Beyond by Judith S. Beck [Pub: Guilford Press]	Alternate core CBT text
12(c) An Introduction to Cognitive Behaviour Therapy: Skills and Applications , by Helen Kennerley, Joan Kirk, and David Westbrook. (Sage Publicatns)	Another good CBT text (<i>may not be reimbursable, but very cheap, esp. as kindle</i>)
13(a) Evidence-Based Mental Health Care S Hatcher, R Butler, M Oakley-Browne. Pub Elsevier Ltd	This is commonly a weak area so get both texts if you can.
13(b) Critical Reviews in Psychiatry Brown and Wilkinson, Gaskell Publications (RCPsych)	
14(a) Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications (Essential Psychopharmacology Series) by Stephen Stahl	Core psychopharmacology text
14(b) Fundamentals of Psychopharmacology By Brian E Leonard [Wiley]	Core psychopharmacology text
15 The Maudsley Prescribing Guidelines By Carol Paton and David Taylor and Shitij Kapur	Useful but currently not on the reimbursed list
16(a) Psychiatric Ethics Bloch S, Oxford University Press	Core ethics texts – either is fine
16(b) In Two Minds: A Casebook of Psychiatric Ethics by D Dickenson, W Fulford, KWM Fulford; OUP	As above
17(a) Clinical Child Psychiatry W M Klykylo, J Kay, D Rube, Pub John Wiley & Sons	Good core Child Psych text
17(b) Rutter's Child and Adolescent Psychiatry M. Rutter et al [Wiley-Blackwell; 5 th edition]	Classical Child Psych text
17(c) Lewis's Child and Adolescent Psychiatry: A Comprehensive Textbook M.Lewis [Lippincott Williams & Wilkins; 4th edition]	Another alternate core Child Psych text
18 Practitioner's Guide to Psychoactive Drugs for Children and Adolescents – JS Werry and MG Aman [Springer, 2 nd Edition]	Practical child psychopharmacology
19 Drugs & Alcohol Abuse: a clinical guide to diagnosis and treatment M A Schuckit - Published Plenum Medical Book Co.	Core Addictions Psych text
20 Oxford Textbook of Old Age Psychiatry Edited by Tom Dening and Alan Thomas, Pub. Oxford University Press	– core POA text Name updated with latest edition

21 Geriatric Consultation Liaison Psychiatry P S Melding & B Draper [Oxford Univ Press]	Useful POA and C-L text
22 Electroconvulsive Therapy - An Australasian Guide (ed. JWG Tiller & RW Lyndon) Pub: https://www.heal.edu.au/bookshop/electroconvulsive-therapy-a-guide-2nd-edition/	Useful locally written ECT text
23 Psychiatry and the Law Brookbanks & Simpson, Pub: LexisNexis	Forensic psych text
24 Clinical Manual of Psychosomatic Medicine: A Guide to Consultation-liaison Psychiatry - Michael G. Wise, James R. Rundell Publisher: American Psychiatric Publishing Inc	Core C-L text

Fees and Courses/Conferences (Note that trainees qualifying as 'senior trainees' under the MECA are entitled to a larger conference allowance, making overseas conferences more feasible)

Fee/Course types	Details
College Training fees	<ul style="list-style-type: none"> • RANZCP initial registration fee • RANZCP annual training fee • Recognition of Prior Learning fee • Application for Fellowship fee (if sent in while still a registrar)
College Assessment fees	<ul style="list-style-type: none"> • Psychotherapy Written Case History marking fee • MCQ written exam fee • Essay-style written exam fee • OSCE exam fee • Scholarly Project marking fee • Scholarly Project exemption fee
CBT Training Course	<ul style="list-style-type: none"> • Massey Univ. (Albany) CBT Training course • If a different CBT training programme - Director of Training to endorse
Psychotherapy Supervision	<p><i>Locally agreed additional reimbursable expense not on the national list - arrange (if needed) by emailing Director of Training</i></p> <ul style="list-style-type: none"> • Funding for a small number of additional psychotherapy supervisors has been agreed – see specific information re this on the Psychotherapy Training page of www.psychtraining.org
Conferences and courses	<p>Annual NZ Branch RANZCP Conference in NZ</p> <ul style="list-style-type: none"> • RANZCP Annual Congress in Australia or NZ • Exam prep courses (for College exams) such as: Psych Update (Christchurch), 'Cruise Through the Fellowship' (CTF) or www.Prepare4RANZCP.com
Advanced Trainees	<ul style="list-style-type: none"> • Advanced Trainee Forum - Wellington (needed once during the 2 years of Stage 3 training) • RANZCP Faculty of Child & Adolescent Psychiatry NZ Branch annual conference with Advanced Trainee workshop • NZ CAMHS Conference • Annual Forensic Psychiatry College conference • Annual Psychiatry of Old Age College conference • Annual Consultation-Liaison College conference • Annual Adult Psychiatry College conference (Director of Training to endorse) • Annual College Psychotherapy Section conference • Annual Addiction Psychiatry conference (Director of Training to endorse) • Other Conference/Course for ATs felt to be mandatory by Director of Advanced Training (Director of Training to endorse) • Postgraduate (Advanced) Certificate Course in Psychoanalytic Psychotherapy • Postgrad Certificate in Health Sciences (relevant to AT training)